

PRICE:  
\$5.95

DAY OF:  
\$7.95

# SEPTEMBER

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

*Every meal includes salad, choice of drink, and dessert!*

**ONLY SALAD: \$2.00**

MENUS ARE DUE AUGUST 15

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5. **Celebrate  
LABOR  
Day**

12. Spaghetti with  
Bolognese Sauce,  
Dinner Roll,  
& Mixed Veggies

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

19. Cheese Ravioli  
with Lemon  
Sauce &  
Garlic Toast

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

26. Baked Ziti,  
Garlic Toast,  
& Fruit

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

6. Beef Tacos, White Rice,  
Cheese, Tomatoes,  
Lettuce, Beans,  
& Sour Cream

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

13. Chicken Quesadilla,  
Nachos,  
Sour Cream,  
& Corn

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

20. Chicken Fajita,  
White Rice,  
Red Beans,  
& Fruits

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

27. Beef Tacos, White Rice,  
Cheese, Tomatoes,  
Lettuce, Beans,  
& Sour Cream

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

7. Chicken  
Tenders  
& Tater Tots

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

14. Chicken Tropicop,  
Yellow Rice,  
Black Beans,  
Tomato

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

21. Cheeseburger,  
Tomato,  
Lettuce,  
& Fries

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

28. Chicken Tenders,  
Mashed Potatoes,  
& Veggie Medley

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

1. Chicken Fricasse  
with Potatoes,  
White Rice,  
& Plantains

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

8. Pulled Pork,  
Arroz Congri,  
& Plantain

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

15. Ground Turkey,  
White Rice,  
& Plantains

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

22. Pulled Pork,  
Arroz Congri,  
& Plantain

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

29. Chicken Fricasse  
with Potatoes,  
White Rice,  
& Plantains

Alternative # \_\_\_\_\_  
☐ Milk  
☐ Choco Milk  
☐ Juice

ONLY SALAD ☐

2. ☐ Cheese  
Pizza  
☐ Pepperoni  
Pizza

9. ☐ Cheese  
Pizza  
☐ Pepperoni  
Pizza

16. ☐ Cheese  
Pizza  
☐ Pepperoni  
Pizza

23. ☐ Cheese  
Pizza  
☐ Pepperoni  
Pizza

30. ☐ Cheese  
Pizza  
☐ Pepperoni  
Pizza

(1). Chicken Patty    (2). Ham & Cheese Sandwich    (3). Grilled Cheese