

October



Child's Name: _____ Grade: _____

Every meal includes salad, choice of drink, and dessert!

ONLY SALAD: \$2.00

MENUS ARE DUE SEPT. 15

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FACCS CONVENTION
NO SCHOOL

3. Baked Ziti, Garlic Toast, & Fruit

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

4. Beef Tacos, White Rice, Cheese, Tomatoes, Lettuce, Beans, & Sour Cream

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

10. Spaghetti with Bolognese Sauce, Dinner Roll, & Mixed Veggies

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

11. Chicken Quesadilla, Nachos, Sour Cream, & Corn

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

12. Chicken Tropichop, Yellow Rice, Black Beans, Tomato

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

13. Ground Turkey, White Rice, & Plantains

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

14. Cheese Pizza

Pepperoni Pizza

17. Cheese Ravioli with Lemon Sauce & Garlic Toast

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

18. Chicken Fajita, White Rice, Red Beans, & Fruits

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

19. Cheeseburger, Tomato, Lettuce, & Fries

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

20. Pulled Pork, Arroz Congri, & Plantain

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

21. Cheese Pizza

Pepperoni Pizza

24. Baked Ziti, Garlic Toast, & Fruit

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

25. Beef Tacos, White Rice, Cheese, Tomatoes, Lettuce, Beans, & Sour Cream

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

26. Chicken Tenders, Mashed Potatoes, & Veggie Medley

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

27. Chicken Fricasse with Potatoes, White Rice, & Plantains

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

28. Cheese Pizza

Pepperoni Pizza

31. Spaghetti with Bolognese Sauce, Dinner Roll, & Mixed Veggies

Alternative #___
 Milk
 Choco Milk
 Juice

ONLY SALAD

(1). Chicken Patty (2). Ham & Cheese Sandwich (3). Grilled Cheese